



# Österreichischer Fachverband für Orientierungslauf

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## ÖFOL ELITE TEAM FOOT ORIENTEERING Selection Criteria 2024 - update September 2024

### TEST RACES

- A. 3.000m track test 10.5. (Wien)
- B. KO sprint Q 10.5. (Poysdorf)
- C. KO sprint F 11.5. (Poysdorf)
- D. WC KO Sprint 25.5. (Olten, SUI)
- E. WC Sprint 26.5. (Olten, SUI)
- F. WC Sprint 1.6. (Genoa, ITA)
- G. WC Sprint Relay 2.6. (Genoa, ITA)
- H. Long/middle distance 22.6. (HUN)
- I. Long/middle distance 23.6. (HUN)
- J. Selection race middle 6.9. (Finland, ÖFOL)

### COMMONS

- In exceptional situations also an athlete not taking part in test races can be selected.
- Track test generates points according to the Scoring table attached.

# SELECTION PROCESS

Always two steps:

1. Selection proposal made by the coaches (head coach, assistant coach).
2. Gremium assessment (Head of Foot-O elite sport working group ÖFOL, ÖFOL Sport Director, head coach) with majority vote..

## WC SUI + ITA | May 25 – June 2

Selection size	minimum 4+4
Direct places	<ul style="list-style-type: none"><li>▪ Jannis Bonek pre-selected</li><li>▪ 1w+1m winner of the 3k track test A (condition: an ÖFOL Elite team member); pre-selected do not count</li><li>▪ 3w+2m from the ranking based on A,B,C (track points + KO Q 5-1p + KO final 5-4-3-2-1-0p); already selected athletes do not score points</li></ul>
Wild cards based on	<ul style="list-style-type: none"><li>▪ test races B,C</li><li>▪ running skills (preferably at least 6p. at track test)</li><li>▪ previous international results in sprint-O</li><li>▪ performance trends and perspective</li></ul>
Remarks	<ul style="list-style-type: none"><li>▪ No wild cards is also an option, especially if current running skills would not be sufficient for international sprint orienteering.</li><li>▪ Selection for just one part (SUI or ITA) may also happen.</li><li>▪ If not enough Austrians in KO-final, times of semifinals will count</li></ul>
Decision published by	May 14 <sup>th</sup>

## WOC GREAT BRITAIN | July 12-16

Selection size	minimum 3+3
Direct places	<ul style="list-style-type: none"> <li>▪ Jannis Bonek pre-selected</li> <li>▪ best placed 1m+1w in one of the two sprint WC races wins a place in a WOC sprint (the better rank from E and F counts); in case of tie the rank from the worse race decides; then eventually the sum of times of E and F; pre-selected don't count</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>▪ test races B-G (with stress on the WC races)</li> <li>▪ running skills (preferably at least 6p at track test)</li> <li>▪ previous international results in sprint-O</li> <li>▪ suitability for the race type</li> </ul>
Decision published by	<ul style="list-style-type: none"> <li>▪ June 6<sup>th</sup></li> </ul>

## EOC HUNGARY | August 17-20

Selection size	minimum 6m+4w
Direct places	<ul style="list-style-type: none"> <li>▪ Weltklassegruppe pre-selected (2m)</li> <li>▪ best Austrians in H and I selection race (= 1-2m and 1-2w, pre-selected don't count)</li> <li>▪ filling up to 5m+3w based on ranking from EOC selection races H+I (5-1 points in each of the races; Weltklassegruppe does not count for points; selected winners from H count for points in I as well; in case of tie the result in the race I decides)</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>▪ test races H+I</li> <li>▪ previous recent international forest-O results</li> <li>▪ running skills</li> <li>▪ performance trends and perspective</li> </ul>

Remarks	<ul style="list-style-type: none"> <li>• Direct selection secures the right to run at least one of the individual races at EOC.</li> <li>• Some of the WOC-selected athletes might be given a pre-selection for EOC to enable a full focus towards WOC.</li> <li>• WUOC selections might influence EOC selections and vice versa</li> </ul>
Decision published by	June 26th

## WC FINLAND | September 26-29

Selection size	minimum 6m+4w
Direct places	<ul style="list-style-type: none"> <li>▪ 1+1 best Austrians in EOC 2024 Middle final (Mathias, Jasmina)</li> <li>▪ 1+1 best Austrians in EOC 2024 Long final (Jannis, Carina)</li> <li>▪ filling up to 4m+3w based on the ranking from selection race J (5-1p pre-selected don't count)</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>▪ test race J</li> <li>▪ previous recent international forest-O results</li> <li>▪ performance level and experience level in Scandinavia</li> <li>▪ running skills</li> <li>▪ performance trends and perspective</li> </ul>
Decision published by	September 13 <sup>th</sup>

## TRACK TEST SCORING TABLES 2024

Herren 3.000m			Damen 3.000m		
WR	8:25	8p	WR	10:15	8p
8:26	8:35	7p	10:16	10:25	7p
8:36	8:45	6p	10:26	10:35	6p
8:46	8:55	5p	10:36	10:45	5p
8:56	9:05	4p	10:46	10:55	4p
9:06	9:15	3p	10:56	11:05	3p
9:16	9:25	2p	11:06	11:15	2p
9:26	9:40	1p	11:16	11:30	1p

# SELECTION PROCESS

Always two steps:

1. Selection proposal made by the coaches (head coach, assistant coach).
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September 3<sup>rd</sup> 2024

Lucie Rothauer (ÖFOL head of Foot-O elite sport working group)

Gernot Ymsén (ÖFOL Sport Director)

Radek Novotný (ÖFOL Elite Team Head Coach)